



Cardinal Gibbons Assembly 783
Newsletter
February 2013



POPE BENEDICT XVI ANNOUNCES HIS RETIREMENT

From Eternal Word Television Network (EWTN)

<http://www.ewtn.com/vnews/getstory.asp?number=123968>

Pope Benedict XVI announced today that he will resign from his duties as Pope on February 28th, 2013.

The full text of the Pope's announcement follows. Please revisit this page for more details. A press conference will be held in minutes at the Vatican press office.

Dear Brothers,

I have convoked you to this Consistory, not only for the three canonizations, but also to communicate to you a decision of great importance for the life of the Church. After having repeatedly examined my conscience before God, I have come to the certainty that my strengths, due to an advanced age, are no longer suited to an adequate exercise of the Petrine ministry. I am well aware that this ministry, due to its essential spiritual nature, must be carried out not only with words and deeds, but no less with prayer and suffering. However, in today's world, subject to so many rapid changes and shaken by questions of deep relevance for the life of faith, in order to govern the bark of Saint Peter and proclaim the Gospel, both strength of mind and body are necessary, strength which in the last few months, has deteriorated in me to the extent that I have had to recognize my incapacity to adequately fulfill the ministry entrusted to me. For this reason, and well aware of the seriousness of this act, with full freedom I declare that I renounce the ministry of Bishop of Rome, Successor of Saint Peter, entrusted to me by the Cardinals on 19 April 2005, in such a way, that as from 28 February 2013, at 20:00 hours, the See of Rome, the See of Saint Peter, will be vacant and a Conclave to elect the new Supreme Pontiff will have to be convoked by those whose competence it is.

Dear Brothers, I thank you most sincerely for all the love and work with which you have supported me in my ministry and I ask pardon for all my defects. And now, let us entrust the Holy Church to the care of Our Supreme Pastor, Our Lord Jesus Christ, and implore his holy Mother Mary, so that she may assist the Cardinal Fathers with her maternal solicitude, in electing a new Supreme Pontiff. With regard to myself, I wish to also devotedly serve the Holy Church of God in the future through a life dedicated to prayer.

From the Vatican, 10 February 2013

BENEDICTUS PP XVI

Read more: <http://www.ewtnnews.com/catholic-news/Vatican.php?id=6997#ixzz2KbVHswkC>

DEGREE CEREMONIES

First Degree Ceremony: 18 February 2013. Location: Council 15250, Fort Bragg at the Pope Chapel, 315 Etheridge Street, Pope Army Airfield, NC 28308. Candidates arrive 0645 PM - degree starts at 0720 PM. Non-military ID card holders should leave 20 minutes early and gain access unto the base through the All American Expressway Gate (left side) or the Knox St. Gate off Bragg Blvd. Go on to Pope Airbase at the Riley Rd Entrance, proceed down the road passed the barracks on the right, turn on first street on right, go down one street on the left for the Chapel.

Third Degree Ceremony: 2 March 2013. Location: Council 7406, 217 Brawley School Rd. Mooresville, NC. Registration will be between 11:00 - 11:30 am. For more information go to the NC website (www.kofcnc.org) under ceremonials, under 3rd Degree.

Fourth Degree Exemplification: 9 March 2013. Regional 4th Degree will be held in New Bern, NC. Candidates should arrive at 11:00 am. For further information go to the K of C website at (www.kofcnc.org) under ceremonials, under 4th degree.

Third Degree Ceremony: 16 March 2013. Location: Council 15250, new All American Chapel on Fort Bragg at 12:00 PM (Noon). Non-military ID card holders should leave 20 minutes early and gain access unto the base through the All American Expressway Gate (left side) or the Knox St. Gate off Bragg Blvd. Space limited to the first 50 candidates.

Third Degree Ceremony: 19 April 2013. Location: Council 4600, Rocky Mount, Our Lady of Perpetual Help, 331 Hammond St. Rocky Mount, NC. Registration will begin at 6:30 PM. For more information go to the NC website (www.kofcnc.org) under ceremonials, under 3rd Degree.

Third Degree Ceremony: 27 April 2013. Location: Council 6451, Hickory, St Aloysius Catholic Church, 921 Second St NE, Hickory, NC. Registration will be between 11:00 - 11:30 AM. For more information, go to the NC website, (www.kofcnc.org), under ceremonials, under 3rd Degree.

Fourth Degree Exemplification: 26 October 2013. Location: Sheraton Imperial, Durham for next Exemplification. Details TBA. <http://kofcnc.org/FOURTH%20DEGREE/2008Exemplification.htm>

If your Council is hosting a Degree Ceremony send an email to COOP5614@yahoo.com with the information and I will place it in the next Assembly Newsletter and on the website Calendar page.



CARDINAL GIBBONS ASSEMBLY HONOR GUARD

Special thanks to the Honor Guard members who performed at the All American Chapel Dedication on Ft Bragg:

Carlos Cortes
Bob Hambly
Barry Keith
Rodney Komlofske
Bob White

The next Honor Guard event is the Confirmation Ceremony on 1 March 2013 at the All American Chapel on Fort Bragg. This event is sponsored by St. Michael the Archangel Council 15250. Council 15250 request 8 Knights, but no one will be turned away (the more, the better). Any Knight who does not have the all the Regalia items state what items you have and what items you need in the comment block of the sign-up form. The sign-up form is on-line at: <http://cardinalgibbonsassembly783.weebly.com/honor-guard.html>

THE SEASON OF LENT

Christopher R. Cooper

Lent is the season before Easter Sunday all good Catholics are familiar with. Catholics use this time to prepare for the Resurrection of Christ. It is a time for Penance and self-denial. The season of Lent stretches back to the earlier Church. The beginning of Lent is a movable date, but not all the Catholic Churches begin this season at the same time and the starting day has different names. Fasting and abstinence are different among the Catholic Churches. Let's look at the origins of Lent first.

The origin of the Lent goes back to the earlier Church. According to Father William Saunders there was some kind of Lenten preparation before Easter. (Saunders, 2002) These early Lenten traditions may have been tied

to pre-baptismal Catechumens preparing to enter into the Church. (Bennett & Bennett, 2012) These Lenten traditions evolved into the forty days before Easter. The tradition of forty days comes from several passages in the Bible. One passage is from the Gospel of St. Matthew 4:2, "And when he had fasted forty days and forty nights, afterwards he was hungry." (The Holy Bible; Douay-Rheims Edition, 2005) In the beginning only Catechumens practiced Lent, but the tradition was adopted by the entire Church. However, the entire Church does not call Lent, "Lent".

The term "Lent" does not appear in the Bible. The name for the forty days before Easter comes from the language of the Faithful. In the English speaking world the term Lent comes from Old English. "The word Lent itself is derived from the Anglo-Saxon words *lencten*, meaning "Spring," and *lenctentid*, which literally means not only "Springtide" but also was the word for "March," the month in which the majority of Lent falls." (Saunders, 2002) In many parts of the world that use one of the Romance languages it is variation of the Latin word, "quadragesima" meaning forty days. (Thurston, 1910)

In addition the season of Lent goes by different names within the Catholic Church. The Maronite Church refers to Lent as "Great Lent." (Shaheen & Mansour, 2013) The Byzantine Churches call Lent the Great Fast. (Events Calendar, 2013) To keep things simple I will use the term Lent for the duration of this article. Now that that the origin of the name Lent is solved let's look at day to start Lent.

The day to start Lent is a movable date on the Church calendar. The name of the day and the day to start Lent depends on the Catholic Church the Faithful attends. The Roman Church begins Lent on Ash Wednesday. (Akins, 2013) The Eastern Catholic Churches keep with the older tradition of starting Lent on the Monday before Ash Wednesday. (Saunders, 2002) The Byzantine Churches call the beginning of Lent, "Clean Monday." Clean Monday symbolizes leaving behind non-fasting food and sinful behavior. (Great Lent and the Fast in the Eastern Churches, 2013) In the Maronite Church the beginning of Lent is called "Ash Monday." (Shaheen & Mansour, 2013) It is similar to Ash Wednesday celebrated in the Roman Church. The next item to explore is fasting and abstinence.

Fasting and abstinence varies among the Catholic Churches. In the Roman Church fasting is on Ash Wednesday and Good Friday. (Akins, 2013) The fast applies to Roman Catholics who are eighteen to sixty years old. The fast is one single meal and two snacks. Abstinence in the Roman Church applies to Ash Wednesday and all Fridays during Lent and applies to Roman Catholics fourteen years of age and older. Abstinence is "...under the current discipline in America, fish, eggs, milk products, and condiments or foods made using animal fat are permitted in the Western [Roman] Rite of the Church..." (Akins, 2013) In the Maronite Church fasting is on Ash Monday and Friday of the Great Crucifixion (Good Friday). (Shaheen & Mansour, 2013). The fast begins at 12:01 AM (just after midnight) and ends at 12:00 PM (noon). No food or beverages are consumed during this time with the exception of water and medicine. Abstinence in the Maronite Church is not consuming meat on Ash Wednesday and all Fridays of Lent. In the Byzantine Churches fasting a.k.a. a "strict fast" is on Clean Monday and Good Friday. (Events Calendar, 2013) The strict fast prohibits consumption of meat, eggs, or dairy products. Abstinence applies to all Wednesdays and Fridays of Lent. Abstinence in the Byzantine Churches is not consuming meat. One point all the Catholic Churches agree on is a person's health. Any Catholic who has health issues and cannot follow fasting or abstinence is granted a dispensation.

Lent has a rich history stretching back to the early Church. It started as a period of reflection for Catechumens entering the Church. Depending on the language of the Faithful Lent goes by different names and even within the Catholic Church Lent has different names. All the Catholic Churches agree that Lent is time of reflection and preparation for the Resurrection of Christ. Two traditions associated with Lent, fasting and abstinence, vary between the Churches, but serve as a reminder of Christ' sacrifice on the cross for the sins of mankind.

Bibliography

Akins, J. (2013). *All About Lent*. Retrieved February 7, 2013, from Eternal Word Television Network: <http://www.ewtn.com/library/ANSWERS/LENT.HTM>

Bennett, J., & Bennett, D. (2012, September 22). *What is Lent and the Lenten Season?* Retrieved February 7, 2013, from ChurchYear.Net: <http://www.churchyear.net/lent.html>

Events Calendar. (2013). Retrieved February 8, 2013, from The Byzantine Catholic Archeparchy of Pittsburgh:
<http://www.archpitt.org/events/calendars/month.calendar/2013/02/07/122%7C119%7C191%7C227%7C228%7C225%7C226>

Great Lent and the Fast in the Eastern Churches. (2013). Retrieved February 7, 2013, from Aquinas & More Catholic Goods:
<http://www.aquinasandmore.com/catholic-articles/great-lent-and-the-fast-in-the-eastern-churches/article/267/sort/relevance/productsperpage/12/layout/grid/currentpage/1/keywords/lent,%20fasting,%20byzantine>

Saunders, W. F. (2002). *History of Lent*. Retrieved February 7, 2013, from Catholic Education Resource Center:
<http://www.catholiceducation.org/articles/religion/re0527.html>

Shaheen, R. B., & Mansour, G. B. (2013, February). Lenten Observances 2013. *The Maronite Voice*, p. 14.

The Holy Bible; Douay-Rheims Edition. (2005). Fitzwilliam: Loreto Publications.

Thurston, H. (1910). *Lent*. Retrieved February 7, 2013, from The New Advent: <http://www.newadvent.org/cathen/09152a.htm>

MEETING SURVEY

Below are the results of the Meeting Date and Time Survey. Here are the final results:

Respondents

Steve Canali
Bill Hoadley
Dennis Sheridan
Bob White

Ernesto Chapa
Chris Kendziera
Bob Testa

Chris Cooper
Jose Santos
Bob Timbers

Results

<u># For</u>	<u>Day</u>	<u>Week of the Month</u>	<u>Time</u>
4	Sunday	3	2:30 PM
1	Sunday	2	2:30 PM
1	Sunday	4	2:30 PM
1	Tuesday	2	6:30 PM
1	Tuesday	3	6:30 PM
1	Wednesday	3	6:30 PM
1	Thursday	1	6:30 PM

IN MEMORIAM:

Please keep in your prayers for the repose of the souls of:

The Victims of the southern California shooter.

ARTICLES FROM THE ASSEMBLY MEMBERSHIP

Any Sir Knight who wants to add his article to the Newsletter, submit the article to Faithful Scribe, SK Chris Cooper, at the next Assembly meeting or send it via email to COOP5614@yahoo.com.