



**Cardinal Gibbons Assembly 783**  
**Newsletter**  
**March 2015**



**REFLECTIONS FROM THE BOOK OF SIRACH 14:1-2**

Happy the man whose mouth brings him no grief, who is not stung by remorse for sin.

Happy the man whose conscience does not reproach him who has not lost hope.

**REGIONAL FOURTH DEGREE EXEMPLIFICATION**

Faithful Navigator Bob Testa thanks all the Sir Knights who made the Fourth Degree Exemplification hosted by our Assembly a success. The Exemplification was on 28 February 2015. 38 candidates became new Sir Knights.

**FRATERNAL ELECTION 2015**

That time of year is approaching again. In a few short months it will be time to elect new officers for our Assembly. The Trustees will contact the membership to solicit Sir Knights to the Slate of Candidates. If you are interested in filling an Assembly Office contact Faithful Navigator Bob Testa ([rtesta317@aol.com](mailto:rtesta317@aol.com)) or Faithful Comptroller Rod Komlofske ([rod.komlofske@gmail.com](mailto:rod.komlofske@gmail.com)).

**WISDOM: THE ORIGINAL LIFE COACH**

SK Christopher R. Cooper

Today, a person cannot watch television without a charlatan pushing some modern version of snake oil to cure all of life's problems. The modern version of snake oil ranges from clothing, automobiles, pills, lawyers (to obtain money as a result of the side effects of the pills), programs to help cope with life's problems, and a host of others. The one that is of interest is the programs to cope with life's problems also known as the life coach industry. The life coach industry caters to people trying to find answers to cope with the challenges in their lives. People spent a lot of money to fuel this industry. Our Heavenly Father provided mankind with a life coach, Wisdom, long before the advent of modern snake oil drummers. The Old Testament of The Holy Bible contains Wisdom's message. The instruction of Wisdom comes from antiquity, but the message is still relevant for the modern world.

There are many people who offer life coaching services all of which come with a price tag and big promises. An internet search reveals prices starting at approximately \$800.00 and up. One site promises how a life coach can get ten clients in thirty days. According to Harvard Business Review this industry is a \$1 billion dollar a year money maker. (Pagliarini, 2011) A lot of money is being spent when the advice and instructions to sort out problem in life can be obtained for free. It is very easy to find. The advice and instruction are in the Bible and the best life coach is Wisdom.

Wisdom is found in the Old Testament. The seven books concerning Wisdom are: The Book of Job, The Book of Psalms, The Book of Proverbs, The Book of Ecclesiastes, The Song of Songs, The Book of Wisdom, and The Book of Sirach (Ecclesiasticus). (New American Bible, 1986) In these books Wisdom is personified as female. Wisdom is quoted or referenced in these books, but she sometimes speaks in the first person. An example of Wisdom speaking in the first person is in the Book of Sirach 24, "1. Wisdom sings her own praises, among her own people she proclaims her glory. 2. In the assembly of the Most High she opens her mouth, in the presence of his host she tells of her glory: 3. From the mouth of the Most High I came forth, and covered the earth like a mist." In this

passage Wisdom states her origin is from God and she covers the earth to help mankind. What are the lessons Wisdom uses to help mankind?

There are many lessons Wisdom uses to guide mankind. These lessons are pertinent even today. One such lesson is from Ecclesiastes 3:1, "There is an appointed time for everything, and a time for every affair under the heavens." Wisdom counsels mankind to have his priorities in order. This passage applies to finances: bills paid, food on the table, housing, etc. If a man does not follow Wisdom's advice financial turmoil will follow. Another good lesson from Wisdom is in Proverbs 20:3, "It is honorable for a man to shun strife, while very fool starts a quarrel." Wisdom stresses for mankind to keep his mouth under control. This message is a recurring theme from Wisdom. A wise man chooses his battles wisely. Not every point needs to be proved. Many times things will sort themselves out on their own. A fool has point to be proved at every turn no matter how trivial the issue causing him disgrace and scorn from the community. A third important lesson from Wisdom is Proverbs 18:10, "The name of the Lord is a strong tower; the just man runs to it and is safe." Here Wisdom tells mankind no matter how bad events in life go always trust in the Lord.

Wisdom is the original life coach. Her advice is free. There is no price tag or grandiose promises. The Old Testament of the Bible has all her words of sound advice to guide us through life in this world. Only three of her lessons were covered in this article, but there are many more. These lessons are still relevant today as they were in ancient times. I will leave you with one last thought from Wisdom, Proverbs 19:20, "Listen to counsel and receive instruction that you may eventually become wise."

#### Works Cited:

New American Bible. (1986). *The New American Bible - Saint Joseph Edition*. New York: Catholic Book Publishing Co.

Pagliarini, R. (2011, December 20). *Top 10 Professional Life Coaching Myths*. Retrieved March 14, 2015, from CBS News: <http://www.cbsnews.com/news/top-10-professional-life-coaching-myths/>



### **CARDINAL GIBBONS ASSEMBLY HONOR GUARD**

### **NEW HONOR GUARD COMMANDER WANTED**

Faithful Navigator Bob Testa will not be to continue as Honor Guard Commander. If you are interested in becoming Honor Guard Commander contact him or any of the Assembly Officers to volunteer.

### **REGALIA ITEMS FOR LOAN**

Faithful Comptroller Rod Komlofske has regalia items to loan for members of the Assembly who do not have them. If you want to participate in an Honor Guard event and do not have the required regalia items send email to [rod.komlofske@gmail.com](mailto:rod.komlofske@gmail.com).

A tuxedo was donated to the Assembly: coat 42 and pants waist 43. If you need a tuxedo contact Faithful Comptroller Rod Komlofske [rod.komlofske@gmail.com](mailto:rod.komlofske@gmail.com).

## **UPCOMING HONOR GUARD EVENT**

### **PRESENTATION OF THE COLORS AT SPECIAL OLYMPICS 2015**

Location: Methodist University, Ramsey Street (US 401), Fayetteville, NC

Date: April 24, 2015

Show Time: 8:00 AM

Start Time: 8:30 AM

Completion Time: 9:30 AM

Sir Knights who are interested in participating in this Honor Guard event sign-up at the following link:

<http://cardinalgibbonsassembly783.weebly.com/presentation-of-the-colors-at-special-olympics.html>

### **MEMORIAL DAY WREATH LAYING CEREMONY 2015**

Location: Freedom Memorial Park across the street from the Airborne & Special Operations Museum, 100 Bragg Blvd., Fayetteville, NC 28301

Date: 25 May 2015

Show Time: 9:30 AM

Start Time: 10:00 AM

Completion Time: 11:00 AM

Sir Knights who are interested in participating in this Honor Guard event sign-up at the following link:

<http://cardinalgibbonsassembly783.weebly.com/memorial-day-wreath-laying-ceremony-2015.html>

### **HOLY THURSDAY ADORATION**

Holy Thursday is 2 April 2015. Several parishes are having Adoration of the Blessed Sacrament that evening. Please support your local Council if they request an Honor Guard detail. Not only does this event support your parish it is a good recruiting tool for the Assembly and your local council.

## **DEGREE CEREMONIES**

If your Council is hosting a degree ceremony, send the details to [COOP5614@yahoo.com](mailto:COOP5614@yahoo.com) and it will be posted in the Assembly Newsletter.

**Third Degree Ceremony (Spanish):** 15 March 2015. Location: Council 7259, Newton Grove, NC. For more details go to: [http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**First Ceremonies:** 16 March 2015. Location: Council 15250, Fort Bragg, NC. For more details go to: [http://www.kofcnc.org/09\\_10Files/calendar.htm?pli=1](http://www.kofcnc.org/09_10Files/calendar.htm?pli=1)

**First & Second Degree Ceremonies:** 18 March 2015. Location: Council 6528, Southern Pines, NC. For more details go to: [http://www.kofcnc.org/09\\_10Files/calendar.htm?pli=1](http://www.kofcnc.org/09_10Files/calendar.htm?pli=1)

**Third Degree Ceremony:** 21 March 2015. Location: Council 6648, Havelock, NC. For more details go to: [http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**Third Degree Ceremony:** 29 March 2015. Location: Council 10505, Charlotte, NC. For more details go to: [http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**First Degree Ceremony:** 8 April 2015. Location: Council 9847, Fayetteville, NC. For more details go to: [http://www.kofcnc.org/09\\_10Files/calendar.htm?pli=1](http://www.kofcnc.org/09_10Files/calendar.htm?pli=1)

**Third Degree Ceremony:** 10 April 2015. Location: Council 4600, Rocky Mount, NC. For more details go to: [http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**Third Degree Ceremony:** 18 April 2015. Location: Council 6528, Southern, NC. For more details go to:  
[http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**Fourth Degree Exemplification:** 18 April 2015. Location: Assembly 1713, Hickory, NC. For more details go to:  
<http://www.kofcnc.org/FOURTH%20DEGREE/Exemplification%20Page.htm>

**Third Degree Ceremony:** 22 May 2015. Location: Council 14632, Raeford, NC. For more details go to:  
[http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**Third Degree Ceremony:** 30 May 2015. Location: Council 13236, Greensboro, NC. For more details go to:  
[http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third\\_degree\\_schedule.htm](http://kofcnc.org/PROGRAMS/COUNCIL/3rd%20degree/third_degree_schedule.htm)

**First Degree Ceremony:** 10 June 2015. Location: Council 9847, Fayetteville, NC. For more details go to:  
[http://www.kofcnc.org/09\\_10Files/calendar.htm?pli=1](http://www.kofcnc.org/09_10Files/calendar.htm?pli=1)

### **A NOTE OF INTEREST ON ECCLESIASTES 3:1-8**

SK Christopher R. Cooper

At the risk of dating myself (I'm 51) while I was writing the article, *Wisdom: The Original Life Coach*, I ran across Ecclesiastes 3:1-8. This passage reminded me of song I've heard from time to time over the years called *To Everything There Is a Season*. Pete Seeger wrote this song and it was released in 1965 A.D. (Song Facts, 2015) The group who sung this song was called the Byrds. Mr. Seeger changed the word around to make his hit song.

I have always thought Ecclesiastes 3:1-8 is a beautiful passage. The words are very comforting during times of trail and loss:

1. There is an appointed time for everything, and a time for every affair under the heavens.
2. A time to give birth, and a time to die; a time to plant, and a time to uproot the plant.
3. A time to kill, and a time to heal; a time to tear down, and a time to build.
4. A time to weep, and a time to laugh; a time to mourn, and a time to dance.
5. A time to scatter stones, and a time to gather them; a time to embrace, and a time to be far from embraces.
6. A time to seek, and a time to lose; a time to keep, and a time to cast away.
7. A time to rend, and a time to sew; a time to be silent, and a time to speak.
8. A time to love, and a time to hate; a time of war, and a time of peace.

(New American Bible, 1986)

#### **Works Cited:**

Songfacts.com. (2015). *To Everything There Is a Season*. Retrieved March 14, 2015, from Songfacts.com:  
<http://www.songfacts.com/detail.php?id=246>

New American Bible. (1986). *The New American Bible - Saint Joseph Edition*. New York: Catholic Book Publishing Co.

### **IN MEMORIAM:**

Please keep in your prayers for the repose of the soul of:

All Deceased Knights of Columbus.

All Members of the U.S Armed Forces.

All First Responders.

### **ARTICLES FROM THE ASSEMBLY MEMBERSHIP**

Any Sir Knight who wants to submit an article to the Newsletter, turn the article into Faithful Scribe SK Chris Cooper at the next Assembly meeting or send it via email to [COOP5614@yahoo.com](mailto:COOP5614@yahoo.com).