



Cardinal Gibbons Assembly 783
Newsletter
March 2019



REFLECTIONS FROM HENRY DAVID THOREAU

The most I can do for my friend is simply be his friend.

Live your beliefs and you can turn the world around.

The smallest seed of faith is better than the largest fruit of happiness.

Brainy Quote

https://www.brainyquote.com/authors/henry_david_thoreau

SEVEN GIFTS OF THE HOLY SPIRIT

Faithful Navigator Christopher R. Cooper

In the Gospel of Saint John Christ promises an Advocate will be sent to help His followers spread the Word of God. (US Catholic Conference, 1986) This Advocate is called the Holy Spirit sometimes referred to as the Holy Ghost. The Holy Spirit is also mentioned in the Old Testament as a guiding force for the Faithful. One example is in the Book of Psalms chapter 143 verse 10:

“Teach me to do your will, for you are my God. May your kind spirit guide me on ground that is level.”

The Holy Spirit brings seven gifts to help the Faithful navigate the turbulent times of life. These gifts from the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. (US Catholic Conference, 1994) Each of the gifts has its own unique attributes to guide the Faithful. The first gift of the Holy Spirit to examine is Wisdom.

Wisdom is a “wise attitude or course of action” or “good sense.” (Merriam-Webster, Inc., 1993) The Holy Bible is an excellent source of good sense. One example is the Book of Proverbs. “It [Book of Proverbs] is thus directed particularly to the young and inexperienced, but also to those who desire advanced training in wisdom.” (US Catholic Conference, 1986) The Holy Spirit brings wisdom not only to the Faithful who are just starting out in life, but also to those seeking more knowledge of God. In the Book of Proverbs the Holy Spirit takes on the role of a father instructing his children. An example is Proverbs chapter 3: verses 1 and 2:

“My son, forget not my teaching, keep in mind my commands: For many days, and years of life, and peace, will they bring you.”

The gift of wisdom will bring a long and happy life for the Faithful. From wisdom comes the next gift of the Holy Spirit understanding as stated in Proverbs chapter 2 verse 6:

“For the Lord gives wisdom, from his mouth come knowledge and understanding.”

Understanding is defined as a friendly or harmonious relationship. (Merriam-Webster, Inc., 1993) One example of maintaining a harmonious relationship is with our neighbor. Christ articulates this point in the Sermon on the Mount in the Gospel According to Matthew chapter 7 verse 12:

“Do to others whatever you would have them do to you. This is the law and the prophets.”

In the eighteenth century this passage was dubbed “The Golden Rule”. (US Catholic Conference, 1986) Always treat people as you would like to be treated. If you do not like people spreading rumors and gossip about you do not spread rumors and gossip about others. Christ also alludes to stop spreading rumors and gossip in chapter 7 verses 1 and 2:

“Stop judging, that you may not be judged. For as you judge, so will you be judged, and the measure with which you measure will be measured out to you.”

Christ gives out good advice which leads to the next gift of the Holy Spirit counsel.

Counsel is synonymous with advice. (Merriam-Webster, Inc., 1993) There are many sources of advice some good and some bad so always choose wisely. One source of sound advice the Holy Spirit provides the Faithful with is Christ. There many reasons why Christ is a good source of good advice. The Apostle, Saint Paul, summed it up best in his Letter to the Hebrews chapter 13 verse 8:

“Jesus Christ is the same yesterday, today, and forever.”

The Faithful can take comfort in knowing that Christ is a known constant of truth to rely on no matter how many corrupt ideas, weird notions, and bizarre morals society can and will come up with. The reliability of Christ gives the Faithful strength leading to the next gift of the Holy Spirit fortitude.

Fortitude is the strength of mind that enables a person to encounter danger or bear pain or adversity with courage. (Merriam-Webster, Inc., 1993) The Book of Psalms chapter 23 verse 1 sums it up best concerning fortitude:

“The Lord is my Shepard; I shall not want.”

Despite all adversity God is with us. He gives us the fortitude to overcome all trials and tribulations. It does not mean the Faithful will not stumble at times. Saint Peter is an example. He denied Christ three times, but in the end he found the fortitude to stay with Christ. Saint Peter went out to spread the Word of God and became the first Pontiff of Christ’s bride, the Church. The Word of God leads to the next gift of the Holy Spirit knowledge.

Knowledge is defined as the body of truth, information, and principles acquired by mankind. (Merriam-Webster, Inc., 1993) The Word or all knowledge comes from God. It is stated at the beginning of the Gospel According to Saint John:

“In the beginning was the Word, and the Word was with God, and the Word was God.”

The gift of knowledge from the Holy Spirit teaches the Faithful that all we have comes from God. As the talk radio personality, Rush Limbaugh states, “Talent on loan from God”. (Limbaugh, 2005) Mr. Limbaugh is thanking God with this statement. Further Mr. Limbaugh goes on to state that he understands when God calls him from this life he will be held accountable of how well he used this gift. Understanding all knowledge comes from God leads to the next gift of the Holy Spirit, piety.

Piety is faithful and devotion to God. (US Catholic Conference, 1986) The Holy Spirit instructs the Faithful with the gift of piety only one master can be served. This concept is stated in the Gospel According to Matthey chapter 6 verse 24:

“*God and Money.* No one can serve two masters. He will either hate one and love the other, or be devoted to one and despise the other. You cannot serve God and mammon.”

The Faithful can only be devoted to God and no others. It does not mean making money is evil. Making money is evil when it becomes a god to those making it. Faithful devotion to God is the basis of the next gift of the Holy Spirit Fear of the Lord.

Fear of the Lord is not as ominous as it sounds. It is the “reverential fear and respect of God on account of his sovereignty, goodness and justice toward men. This is the foundation of religion.” (US Catholic Conference, 1986) The Holy Spirit teaches the Faithful to acknowledge God as the Supreme Being. He is good and just to all of His people. Fear of the Lord is the starting point for the Faithful as stated in the Book of Proverbs chapter 1 verse 7:

Fear of the LORD is the beginning of knowledge; fools despise wisdom and discipline.

Fear of the Lord only sounds ominous to those who cannot accept wisdom and discipline, but to the Faithful wisdom and discipline are pillars of strength.

The Holy Spirit brings seven gifts to help the Faithful maintain their path to God. Wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord have attributes the Holy Spirit uses to teach and strengthen the Faithful. The one attribute all the gift of the Holy Spirit share is:

“For those who are led by the Spirit of God are children of God.”
The Letter to the Romans Chapter 8 Verse 14

Works Cited:

Limbaugh, R. (2005, April 8). *Talent on Loan from God, Explained for the Humorless*. Retrieved January 24, 2019, from The Rush Limbaugh Show:

https://www.rushlimbaugh.com/daily/2005/04/08/talent_on_loan_from_god_explained_for_the_humorless/

Merriam-Webster, Inc. (1993). *Merriam- Webster's Collegiate Dictionary - Tenth Edition*. Springfield: Merriam-Webster, Incorporated.

US Catholic Conference. (1986). *The New American Bible - Saint Joseph Edition*. New York: Catholic Book Publishing Co.

US Catholic Conference. (1994). *Catechism of the Catholic Church*. Washington, DC: US Catholic Conference.



CARDINAL GIBBONS ASSEMBLY HONOR GUARD

REGALIA ITEMS FOR LOAN

Faithful Comptroller Rod Komlofske has regalia items to loan for members of the Assembly who do not have them. If you want to participate in an Honor Guard event and do not have the required regalia items send email to rod.komlofske@gmail.com.

UPCOMING HONOR GUARD EVENT(S):

Presentation of the Colors at Special Olympics 2019

Location: Methodist University, Ramsey Street (US 401), Fayetteville, NC

Date: 12 April 2018

Show Time: 8:15 AM

Start Time: 9:00 AM

Completion Time: 9:30 AM

Memorial Day Wreath Laying Ceremony 2019

Location: Freedom Memorial Park across the street from the Airborne & Special Operations Museum, 100 Bragg Blvd., Fayetteville, NC 28301

Date: 27 May 2019

Show Time: 9:30 AM

Start Time: 10:00 AM

Completion Time: 11:00 AM

DATES TO REMEMBER

February 2019

February 2	Knighthood (3rd) Degree – 2546 Raleigh, NC
February 15	Semiannual Audit Due
February 15	Family of the Month Due
February 16	4 th Degree Exemplification – Assembly 3253, Greensboro, NC
February 23	Knighthood (3 rd) Degree – 3303 New Bern
February 25	Tar Heel Knight Articles Due

March 2019

	Councils to elect delegates for State Convention
	Council to approve checks for Bishops Fund and the Culture of Life Fund
	Recruitment Kit
March 1	Matrix Forms Due
March 1	Program Reports Due
March 1	State of the Year nominations are due
March 1	All resolutions are due
March 1	Council Fraternal Year Record due
March 1	Duane Russell Award nominations due
March 6	Ash Wednesday
March 9	Knighthood (3rd) Degree – 8363 Franklin, NC
March 9	Free Throw Championship
March 15	State Per Capita id Due
March 15	Family of the Month Due
March 15	Annual District Deputy Report Due
March 16	Knighthood (3rd) Degree – 13236 Greensboro, NC
March 25	Tar Heel Knight Articles Due
March 31	Raffle Tickets Due

April 2019

April 1	Necrology submissions due
April 1	Credentials Report Due
April 6	Knighthood (3 rd) Degree – 6700 Gastonia, NC
April 6	Ignited by Truth Conference – Raleigh, NC

DATES TO REMEMBER (Continued)

April 2019

April 15	Family of the Month Due
April 21	Easter
April 25	Tar Heel Knight Articles Due
April 26-28	NC State Convention – Raleigh, NC

DEGREE CEREMONIES

Further details for upcoming degree ceremonies are available on the K of C State Council Website:
First, Second, and Third Degree: <https://kofcnc.org/>
Fourth Degree: <https://kofcnc.org/4th-degree/4th-degree-exemplification/>

<u>First Degree</u>	10 February 2019	6:00 PM	Council 12255, Forest City, NC
<u>First Degree:</u>	12 February 2019	6:30 PM	Council 2829, Winston-Salem, NC
<u>First Degree</u>	12 February 2019	7:30 PM	Council 3498, Graham, NC
<u>Second Degree</u>	12 February 2019	7:00 PM	Council 10852, Charlotte, NC
<u>Second Degree</u>	16 February 2019	10:30 AM	Council 7406, Mooresville, NC
<u>Fourth Degree</u>	16 February 2019	12 Noon	Assembly 3253, Greensboro, NC
<u>First Degree:</u>	18 February 2019	6:15 PM	Clayton 12832, Mint Hill, NC
<u>First Degree</u>	20 February 2019	7:30 PM	Council 19249, Thomasville, NC
<u>First Degree</u>	21 February 2019	7:00 PM	Council 7024, Swansboro, NC
<u>Second Degree</u>	21 February 2019	8:00 PM	Council 7024, Swansboro, NC
<u>Third Degree</u>	23 February 2019	12 Noon	Council 3303, New Bern, NC
<u>First Degree</u>	25 February 2019	7:00 PM	Council 6700, Gastonia, NC
<u>First Degree</u>	26 February 2019	7:00 PM	Council 11911, Asheville, NC
<u>Second Degree</u>	27 February 2019	6:30 PM	Council 11605, N. Wilkesboro, NC
<u>First Degree</u>	7 March 2019	7:00 PM	Council 11265, Clayton NC
<u>First Degree</u>	7 March 2019	6:30 PM	Council 10504, Winston-Salem, NC
<u>Third Degree</u>	9 March 2019	12 Noon	Council 8363 Franklin, NC
<u>Second Degree</u>	12 March 2019	7:30 PM	Council 3498, Graham, NC
<u>First Degree</u>	13 March 2019	7:00 PM	Council 12481, Lexington, NC
<u>Second Degree</u>	16 March 2019	9:00 AM	Council 11101, Greensboro, NC
<u>Third Degree</u>	16 March 2019	12 Noon	Council 13236, Greensboro, NC
<u>First Degree</u>	19 March 2019	7:00 PM	Council 15265, Asheville, NC
<u>Third Degree</u>	6 April 2019	12 Noon	Council 6700, Gastonia, NC
<u>First Degree</u>	16 April 2019	7:00 PM	Council 8509, Kernersville, NC
<u>First Degree</u>	23 April 2019	7:00 PM	Council 11911, Asheville, NC
<u>First Degree</u>	25 April 2019	7:00 PM	Council 14087, Andrews, NC
<u>First Degree</u>	1 May 2019	7:00 PM	Council 2546, Raleigh, NC

DEGREE CEREMONIES (Continued)

<u>First Degree</u>	9 May 2019	7:00 PM	Council 11265, Clayton, NC
<u>First Degree</u>	9 May 2019	6:00 PM	Council 16442, Sapphire, NC
<u>Third Degree</u>	11 May 2019	12 Noon	Council 3574, Jacksonville, NC
<u>First Degree</u>	14 May 2019	7:00 PM	Council 9499, Clemmons, NC

ANGEL PRAYERS

The following Angel Prayers are from the article *Our Guardian Angels* by Rev. Alfred Boeddeker, O.F.M. Rev. Boeddeker's article is available on the Eternal Word Television Network website at the following link:
<https://www.ewtn.com/library/SPIRIT/BAGUARD.TXT>

GUARDIAN ANGEL PRAYER

Angel of God, my guardian dear,
To whom His love commits me here;
Ever this day (or night) be at my side,
To light and guard, to rule and guide. Amen.

LITANY TO THE GUARDIAN ANGEL

(For private recitation)

Lord, have mercy on us, Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us. Christ, graciously hear us.
God, the Father of heaven, have mercy on us.
God, the Son, Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.
Holy Mary, Queen of Angels, pray for us.
Holy Angel, my prince, pray for us.
Holy Angel, my monitor,
Holy Angel, my counselor,
Holy Angel, my defender,
Holy Angel, my steward,
Holy Angel, my friend,
Holy Angel, my negotiator,
Holy Angel, my intercessor,
Holy Angel, my patron,
Holy Angel, my director,
Holy Angel, my ruler,
Holy Angel, my protector,
Holy Angel, my comforter,
Holy Angel, my brother,
Holy Angel, my teacher,
Holy Angel, my shepherd,
Holy Angel, my witness,
Holy Angel, my helper,
Holy Angel, my watcher,

Holy Angel, my conductor,
Holy Angel, my preserver,
Holy Angel, my instructor,
Holy Angel, my enlightener,
Lamb of God, Who take away the sins of the world, spare us, O Lord!
Lamb of God, Who take away the sins of the world, graciously hear us, O Lord!
Lamb of God, Who take away the sins of the world, have mercy on us!
Christ, hear us. Christ graciously hear us.
Pray for us, O holy Angel Guardian.
That we may be made worthy of the promises of Christ.

Let us Pray---Almighty, everlasting God, who in the counsel of Your ineffable goodness have appointed to all the faithful, from their mother's womb, a special Angel Guardian of their body and soul; grant, that I may so love and honor him whom You have so mercifully given me, that protected by the bounty of Your grace and by his assistance, I may merit to behold, with him and all the angelic host, the glory of Your countenance in the heavenly country. Who live and reign, world without end. Amen.

IN MEMORIAM:

Please keep in your prayers for the repose of the soul of:
All Deceased Knights of Columbus.
All Members of the U.S Armed Forces.
All First Responders.

ARTICLES FROM THE ASSEMBLY MEMBERSHIP

Any Sir Knight who wants to submit an article to the Newsletter, turn the article into Faithful Navigator Chris Cooper at the next Assembly meeting or send it via email to COOP5614@yahoo.com.