



**Cardinal Gibbons Assembly 783**  
**Newsletter**  
**May 2019**



**REFLECTIONS FROM MARK TWAIN**

It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt.

Kindness is the language which the deaf can hear and the blind can see.

Anger is an acid that can do more harm to the vessel in which it is stored than to anything on which it is poured.

Brainy Quote

[https://www.brainyquote.com/authors/mark\\_twain](https://www.brainyquote.com/authors/mark_twain)

**ELECTION OF ASSEMBLY OFFICERS**

Faithful Navigator Christopher R. Cooper

Brother Sir Knights it is time to elect new Assembly Officers for Fraternal Year 2019/2020. Any Sir Knight is eligible to hold an office. If you are interested in holding an office please submit your name to:

[COOP5614@yahoo.com](mailto:COOP5614@yahoo.com).

In your email state which office you would like to run for.

**THE LITTLE SCAPULAR**

Faithful Navigator Christopher R. Cooper

Several years ago a friend at St. Louis Byzantine Mission Parish gave me a little Brown Scapular. I remembered the Scapular from when my childhood Catholic Catechism classes. There are several types of little Scapulars depending on which monastic order they are derived from. The Carmelite Brown Scapular is the most widespread among the Catholic Laity. Pope John Paul II wore one with him at all times.

The little Scapular worn among the Catholic faithful originated from the monastics orders. (Hilgers, 1912) The term Scapular comes from Latin; *scapula*, shoulder. The monastic Scapular is a large piece of cloth. It is shoulder width or about 14 to 18 inches wide. The Scapular extends almost to the feet of the wearer both front and back. Over time this vestment became the small Scapular consisting of the two small woolen pieces of cloth connected by two pieces of strings or bands. The cloth pieces are about two inches wide and two and three quarters in length. Names or icons are embroidered onto the cloth pieces. The strings or bands should be long enough for the wearer to have one cloth piece on the breast and one the back. There are several types of small Scapulars. The most widespread is the Carmelite Little Brown Scapular.

Among the Catholic Faithful the Carmelite Little Brown Scapular is the most widespread of the little Scapulars. The Little Brown Scapular became a universal Catholic Devotion in the seventeenth century. (Ceroke & Carm). The Brown Scapular I have has an icon of Saint Simon Stock on one of the cloth pieces. This Scapular Devotion began when he received a Scapular from St. Mary in a vision around 1251 AD. St. Mary promised him that wearing the Scapular is a sign of salvation and quick release from Purgatory. (Brown Scapular History). The following is a picture of the Brown Scapular.



*Carmelite Little Brown Scapular*

Many of our Church leaders wore a Brown Scapular. A prime example is Pope John Paul II. After he received wounds from an attempted assassination in 1981 AD he requested the doctors not to remove the Brown Scapular from him. (The Brown Scapular) Pope John Paul II stated the Brown Scapular is one of the two most recommended devotions of the Church. His devotion began at an early age. The following picture is Pope John Paul II (Karol Wojtyla) when he was a young man as a factory worker. In the picture he is wearing his Scapular.



*Pope John Paul II (Karol Wojtyla)*

The Scapular has a long history. The little Scapular the Catholic Faithful wears evolved from the monastic Scapulars. The most popular and widespread is the Carmelite Scapular. Our Church Leaders express a devotion to the Scapular. One example is Pope John Paul II. For more information on the little Scapular a good website is *The Brown Scapular of Our Lady of Mount Carmel*: <http://www.freebrownscapular.com/index.html>.

#### Works Cited

*Brown Scapular History*. (n.d.). Retrieved October 18, 2013, from The Brown Scapular of Our Lady of Mount Carmel: [http://www.freebrownscapular.com/brown\\_scapular\\_history.html](http://www.freebrownscapular.com/brown_scapular_history.html)

Cerke, C. P., & Carm, O. (n.d.). *The Scapular Devotion*. Retrieved October 18, 2013, from Eternal Word Television Network: <http://www.ewtn.com/library/marty/scapular.htm>

Hilgers, J. (1912). *Scapular*. Retrieved October 18, 2013, from The New Advent: <http://www.newadvent.org/cathen/13508b.htm>

*The Brown Scapular*. (n.d.). Retrieved October 18, 2013, from The Brown Scapular of Our Lady of Mount Carmel: <http://www.freebrownscapular.com/index.html>



## **CARDINAL GIBBONS ASSEMBLY HONOR GUARD**

### **REGALIA ITEMS FOR LOAN**

Faithful Comptroller Rod Komlofske has regalia items to loan for members of the Assembly who do not have them. If you want to participate in an Honor Guard event and do not have the required regalia items send email to [rod.komlofske@gmail.com](mailto:rod.komlofske@gmail.com).

### **UPCOMING HONOR GUARD EVENT(S):**

#### **Memorial Day Wreath Laying Ceremony 2019**

Location: Freedom Memorial Park across the street from the Airborne & Special Operations Museum, 100 Bragg Blvd., Fayetteville, NC 28301

Date: 27 May 2019

Show Time: 9:30 AM

Start Time: 10:00 AM

Completion Time: 11:00 AM

### **DATES TO REMEMBER**

#### **May 2019**

May 15 Family of the Month Due  
May 25 Tar Heel Knight Articles Due

#### **June 2019**

June 8 CLT Training  
June 15 CLT Training  
June 15 Family of the Month Due  
June 25 Tar Heel Knight Articles Due  
June 29 CLT Training, Cn. 7184, Hendersonville, NC  
June 30 Annual Report of Roundtables Due  
June 30 Columbian Award Application (SP7) Due  
June 30 DD Form 944B Due  
June 30 Food for Families Form 10057 Due  
June 30 Supreme RSVP Due

#### **July 2019**

July 1 Report of Council Officers  
July 12 DD Organizational Meeting  
July 13 DD Organizational Meeting  
July 14 DD Organizational Meeting  
July 15 Family of the Month Form Due  
July 25 Tar Heel Knight Articles Due

#### **August 2019**

August 1 Service Program Personnel Report Due  
August 15 Family of the Month Form Due  
August 15 Semiannual Council Audit Report Due

## **DATES TO REMEMBER (Continued)**

### **August 2019**

August 17 4<sup>th</sup> Degree, Assembly 781, Ashville, NC  
August 25 Tar Heel Knight Articles Due  
August 31 Knighthood (3<sup>rd</sup>) Degree, Council 9039, Shallotte, NC

## **DEGREE CEREMONIES**

Further details for upcoming degree ceremonies are available on the K of C State Council Website:  
First, Second, and Third Degree: <https://kofcnc.org/>  
Fourth Degree: <https://kofcnc.org/4th-degree/4th-degree-exemplification/>

<b><u>Degree</u></b>	<b><u>Date</u></b>	<b><u>Start Time</u></b>	<b><u>Council – Location</u></b>
<b><u>First</u></b>	1 May 2019	7:00 PM	Council 2546, Raleigh, NC
<b><u>First</u></b>	9 May 2019	7:00 PM	Council 11265, Clayton, NC
<b><u>First</u></b>	9 May 2019	6:00 PM	Council 16442, Sapphire, NC
<b><u>Third</u></b>	11 May 2019	12 Noon	Council 3574, Jacksonville, NC
<b><u>First</u></b>	14 May 2019	7:00 PM	Council 9499, Clemmons, NC
<b><u>Third</u></b>	1 June 2019	12 Noon	Council 11266, Garner, NC
<b><u>First</u></b>	5 June 2019	7:00 PM	Council 2546, Raleigh, NC
<b><u>First</u></b>	6 June 2019	6:30 PM	Council 10504, Winston-Salem, NC
<b><u>First</u></b>	9 June 2019	7:00 PM	Council 8363, Franklin, NC
<b><u>First</u></b>	11 June 2019	6:30 PM	Council 2829, Winston-Salem, NC
<b><u>First</u></b>	13 June 2019	7:00 PM	Council 11101, Greensboro, NC
<b><u>First</u></b>	13 June 2019	6:00 PM	Council 12537, Southport, NC
<b><u>First</u></b>	25 June 2019	7:00 PM	Council 11911, Asheville, NC
<b><u>Second</u></b>	1 July 2019	7:00 PM	Council 6451, Hickory, NC
<b><u>First</u></b>	25 July 2019	7:00 PM	Council 8363, Asheville, NC
<b><u>First</u></b>	8 August 2019	7:00 PM	Council 12654, Huntersville, NC
<b><u>Fourth</u></b>	17 August 2019	11:30 AM	Assembly 781, Ashville, NC
<b><u>Third</u></b>	31 August 2019	12 Noon	Council 9039, Shallotte, NC
<b><u>Second</u></b>	10 September 2019	7:00 PM	Council 7450, Concord, NC
<b><u>Second</u></b>	12 September 2019	9:00 AM	Council 9499, Clemmons, NC
<b><u>Third</u></b>	5 October 2019	12 Noon	Council 7450, Concord, NC
<b><u>Third</u></b>	26 October 2019	12 Noon	Council 9499, Clemmons, NC
<b><u>Third</u></b>	7 December 2019	12 Noon	Council 5487, Goldsboro, NC (Spanish)
<b><u>Third</u></b>	1 February 2020	12 Noon	Council 2546, Raleigh, NC
<b><u>Third</u></b>	14 March 2020	12 Noon	Council 13236, Greensboro, NC

## **ADORATION OF THE BLESSED SACRAMENT**

Faithful Navigator Christopher R. Cooper

Adoration of the Blessed Sacrament is a timed honored tradition in the Holy Catholic Church. It is time for the Faithful to reflect on all the blessings God has bestowed on them. During Adoration the Faithful sometimes petition God to aid them through troubling times. Adoration of the Blessed Sacrament has its roots in the beginning of the Church. Over time Adoration evolved into the ceremony of today.

Adoration of the Blessed Sacrament begins with the Eucharist. What is the Eucharist? “The Eucharist is ‘the source and summit of the Christian life’”. (USCCB, 1994) This sacrament unites the Faithful with God. Christ instituted the Blessed Sacrament at the Last Supper:

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, “Take and eat; this is my body.”

Then he took a cup, gave thanks, and gave it to them, saying, “Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father.” (USCCB, 1986)

Christ proclaims the Eucharist is the new covenant. When the bread and wine are consecrated they become Christ’ body and blood, the Eucharist, they still retain their physical characteristics. This process is called transubstantiation. (USCCB, 1994) Today the Blessed Sacrament is displayed in a Monstrance during Adoration. (Catholic-Church.org, 2017) The Monstrance is placed on the altar so the Blessed Sacrament can clearly be seen by all the Faithful during Adoration.

There are several reasons to attend Adoration. One reason was expressed by Pope Paul VI, “To visit the Blessed Sacrament is... a proof of gratitude, and expression of love, and a duty of adoration toward Christ our Lord”. (USCCB, 1994) The Faithful should always express their thankfulness to God. One way is to take time out to attend Adoration of the Blessed Sacrament. Taking time out is reminiscent of Christ’ words to the apostles before he was betrayed, “So you could not keep watch with me for one hour?” (USCCB, 1986) This passage is the basis for many Catholic parishes having the Holy Thursday Adoration of the Blessed Sacrament. Depending on the parish the Adoration may be a few hours or extend to noon on Good Friday. Attending Adoration is a way to rest from worldly burdens. Christ instructs the Faithful, “Come to me, all you who labor and are burdened, and I will give you rest.” (USCCB, 1986) In this hurry-up and get it done yesterday world attending Adoration is a good way for the Faithful to clear their mind of worldly clutter.

Adoration of the Blessed Sacrament varies depending on location and time of year. At some Catholic parishes the Rosary and Benediction follow Adoration. On Holy Thursday Adoration follows the Washing of the Feet Service. Usually no group prayers are said during this Adoration. One prayer of thanksgiving is consistent from parish to parish:

O, SACRAMENT MOST HOLY! O, SACRAMENT DIVINE!  
ALL PRAISE AND ALL THANKSGIVING BE EVERY MOMENT THINE!

### Works Cited

Catholic-Church.org. (2017). *Jesus waits for us in this Sacrament of Love*. Retrieved from Catholic-Church.org:  
[http://catholic-church.org/kuwait/eucharistic\\_adoration.htm](http://catholic-church.org/kuwait/eucharistic_adoration.htm)

USCCB. (1986). *The New American Bible - Saint Joseph Edition*. New York: Catholic Book Publishing Company.

USCCB. (1994). *Catechism of the Catholic Church*. Washington, DC: Office for Publishing and Promotion Services  
United States Catholic Conference.

**IN MEMORIAM:**

Please keep in your prayers for the repose of the soul of:

All Deceased Knights of Columbus.

All Members of the U.S Armed Forces.

All First Responders.

**ARTICLES FROM THE ASSEMBLY MEMBERSHIP**

Any Sir Knight who wants to submit an article to the Newsletter, turn the article into Faithful Navigator Chris Cooper at the next Assembly meeting or send it via email to [COOP5614@yahoo.com](mailto:COOP5614@yahoo.com).